

Position	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	173	FLYNN MCSORLEY	M	MSEN		00:40:45	00:40:43		1	1	1
2	241	MATTHEW MCDONNELL	M	MSEN	RANELAGH HARRIERS	00:41:00	00:40:57		2	2	1
3	70	TIM SHANKER	M	MV55		00:41:14	00:41:13		3	1	2
4	139	MARC TARSKY	M	MSEN	WILMSLOW STRIDERS	00:41:53	00:41:53		4	3	1
5	243	LEO LOUGHRAN	M	MV45	BELLE VUE RACERS	00:42:17	00:42:15		5	1	1
6	72	NATHAN MAYOH	M	MV50	BRAMHALL RUNNERS	00:43:04	00:43:03		6	1	1
7	271	ANTHONY PICKLES	M	MV40	MACCLESFIELD HARRIERS & AC	00:43:11	00:43:08		7	1	1
8	134	BEN VICKERS	M	MV45		00:43:18	00:43:15		8	2	3
9	101	ANDREW WALLS	M	MV40		00:43:34	00:43:30		9	2	4
10	265	SIMON EMERY	M	MSEN	BRAMHALL RUNNERS	00:44:07	00:44:03		10	4	2
11	140	MATT AULT	M	MV40		00:44:18	00:44:15		11	3	5
12	95	ALAN WARDLE	M	MV60		00:44:49	00:44:45		12	1	6
13	161	ARTHUR JESSOP	M	MSEN	CHORLTON RUNNERS	00:45:15	00:45:13		13	5	1
14	255	ADRIAN HAZLEHURST	M	MV40	HYDE VILLAGE STRIDERS	00:45:30	00:45:25		14	4	1
15	105	DUANE ROBERTS	M	MV60		00:46:05	00:45:58		15	2	7
16	92	MARTIN SMITH	M	MSEN		00:46:25	00:46:19		16	6	8
17	244	LAURA COUCILL	F	FV40	SALFORD HARRIERS A&C	00:47:45	00:47:42	1		1	1
18	203	JAMES GRIBBEN	M	MV45		00:48:09	00:48:06		17	3	9
19	264	ANDREW WHITMORE	M	MV50		00:48:40	00:48:35		18	2	10
20	136	LORNA SIDDONS	F	FV40		00:48:51	00:48:42	2		2	1
21	160	MATT ROBERTS	M	MV55	BRAMHALL RUNNERS	00:48:58	00:48:54		19	2	3
22	206	ALAN JACKSON	M	MV65	IPSWICH JAFFA RC	00:49:02	00:48:59		20	1	1
23	207	CARL BARNARD	M	MV55	MACCLESFIELD HARRIERS & AC	00:49:10	00:49:08		21	3	2
24	237	ANDREW PARSONAGE	M	MSEN	MANCHESTER HARRIERS & AC	00:49:26	00:49:22		22	7	1
25	107	DEANNE TOMKINS	F	FSEN	MACCLESFIELD HARRIERS & AC	00:49:29	00:49:26	3		1	1
26	226	BARRY MCDONNELL	M	MSEN	BIRKENHEAD AC	00:49:32	00:49:27		23	8	1
27	261	TONY TAYLOR	M	MV60	SANDBACH STRIDERS	00:49:35	00:49:33		24	3	1
28	239	JOHN WARD	M	MV45	STOCKPORT TRI CLUB	00:49:37	00:49:23		25	4	1
29	236	ALEX JAMES	M	MSEN		00:49:54	00:49:49		26	9	11
30	138	GARY YATES	M	MV55		00:50:02	00:50:01		27	4	12
31	177	JEMMA CLIFF	F	FSEN		00:50:36	00:50:29	4		2	2
32	184	MARK CLIFF	M	MV50		00:50:38	00:50:28		28	3	13
33	162	BRADLEY HORROCKS	M	MSEN		00:50:42	00:50:31		29	10	14
34	219	SAMANTHA THOMAS	F	FV50	STOCKPORT HARRIERS & AC	00:50:44	00:50:38	5		1	1
35	225	DEAN CLAPWORTHY	M	MV55	MIDDLETON HARRIERS AC	00:50:44	00:50:37		30	5	1
36	270	WILL JONES	M	MSEN		00:50:49	00:50:31		31	11	15
37	135	RICHARD FURNISS	M	MV60	MARPLE RUNNERS	00:51:06	00:50:53		32	4	1

38	260	TONI MION	M	MV60	RUNNING BEAR RUNNING CLUB	00:51:23	00:51:13		33	5	1
39	133	DANIEL MCDERMOTT	M	MV50		00:51:52	00:51:42		34	4	16
40	89	PAB MADDOX	M	MV60	NEWCASTLE UNIVERSITY AC	00:52:23	00:52:19		35	6	1
41	252	AMY SMITH	F	FV40	WINSTON RUNNERS	00:52:31	00:52:19	6		3	1
42	246	JANET GRINT	F	FV50	STOCKPORT TRI CLUB	00:52:41	00:52:33	7		2	1
43	267	FIONA JOHNSTON	F	FV40		00:52:44	00:52:39	8		4	3
44	94	PAUL FARRINGTON	M	MV50	STOCKPORT TRI CLUB	00:52:50	00:52:43		36	5	2
45	100	KIRSTY SHARP	F	FSEN		00:52:58	00:52:50	9		3	4
46	179	PAUL STANSBURY	M	MV50		00:53:04	00:52:57		37	6	17
47	229	RICHARD HADLEY	M	MV45	RUNNING BEAR RUNNING CLUB	00:53:05	00:52:59		38	5	2
48	120	ANDREW DOLAN	M	MV40	BRAMHALL RUNNERS	00:53:09	00:53:05		39	5	4
49	166	THOMAS DEAN	M	MSEN	MILE SHY CLUB	00:53:10	00:53:05		40	12	1
50	238	JEN GARNER	F	FSEN	HYDE VILLAGE STRIDERS	00:53:12	00:53:07	10		4	1
51	231	RAY O'KEEFE	M	MV60	MACCLESFIELD HARRIERS & AC	00:53:32	00:53:28		41	7	3
52	266	TABATHA SMITH	F	FSEN	BRAMHALL RUNNERS	00:53:53	00:53:44	11		5	1
53	141	CLARE PICKFORD	F	FV45		00:53:57	00:53:49	12		1	5
54	180	CATHERINE JACKSON	F	FV55	STYAL RUNNING CLUB	00:54:10	00:54:02	13		1	1
55	153	ADAM SEXTON	M	MSEN	DRAGONS RUNNING CLUB (SALE)	00:54:49	00:54:43		42	13	1
56	272	NICK GALE	M	MSEN	MACCLESFIELD HARRIERS & AC	00:55:22	00:55:14		43	14	4
57	110	SCOTT ARMSTRONG	M	MV50	STOCKPORT TRI CLUB	00:55:59	00:55:51		44	7	3
58	93	PAUL WOOD	M	MV70	LONELY GOAT RC	00:56:01	00:55:43		45	1	1
59	159	MATTHEW ROBERTS	M	MV50	LONELY GOAT RC	00:56:10	00:56:05		46	8	2
60	124	SAMUEL CRAWSHAW	M	MV45	LEVENSHULME RUNNERS	00:56:15	00:56:08		47	6	1
61	214	NICK HAM	M	MV60	GLOSSOPDALE HARRIERS	00:56:21	00:56:17		48	8	1
62	210	PAUL ROONEY	M	MV55		00:56:23	00:56:17		49	6	18
63	227	MIKE V HALL	M	MV60	BRAMHALL RUNNERS	00:56:41	00:56:36		50	9	5
64	224	LAURA CORRIGAN	F	FSEN		00:56:49	00:56:30	14		6	6
65	123	PAUL HINE	M	MV45		00:56:55	00:56:52		51	7	19
66	147	ISABEL BRUNDRETT	F	FSEN	STOCKPORT HARRIERS & AC	00:56:57	00:56:43	15		7	2
67	155	NICOLA BRUNDRETT	F	FV45	STOCKPORT TRI CLUB	00:56:57	00:56:43	16		2	2
68	115	HEATHER ROONEY	F	FV55	LYME RUNNERS	00:57:12	00:57:06	17		2	1
69	218	MICHAEL WHARTON	M	MV50	SALE HARRIERS MANCHESTER	00:57:22	00:57:07		52	9	1
70	253	PHIL JAMES	M	MV65		00:57:27	00:57:22		53	2	20
71	209	WENDY WOODHEAD	F	FV40	MANCHESTER HARRIERS & AC	00:57:30	00:57:20	18		5	1
72	170	RICHARD POLLARD	M	MSEN		00:57:42	00:57:25		54	15	21
73	183	OWEN TAYLOR	M	MSEN		00:57:54	00:57:45		55	16	22
74	88	CARLA OUSEY	F	FV50	SALE HARRIERS MANCHESTER	00:58:01	00:57:45	19		3	1
75	125	JULIE MCDONNELL	F	FV60		00:58:06	00:57:47	20		1	7

76	175	NICK HERD	M	MV50	CAFE AZUL RUNNING CLUB	00:58:07	00:57:49		56	10	1
77	257	JASMINE HUGHES	F	FSEN		00:58:25	00:58:15	21		8	8
78	171	CURTIS HUGHES	M	MSEN		00:58:26	00:58:15		57	17	23
79	247	ZOE FARRIMOND	F	FSEN		00:58:28	00:58:19	22		9	9
80	217	ANTHONY HURST	M	MV60		00:58:34	00:58:14		58	10	24
81	97	JULIAN SACOFSKY	M	MV65	LEVENSHULME RUNNERS	00:58:36	00:58:29		59	3	2
82	96	DEBRA WARDLE	F	FV60		00:58:42	00:58:35	23		2	10
83	176	ELAINE GRIFFITHS	F	FV40		00:58:45	00:58:39	24		6	11
84	254	KIM CHAMBERS	F	FSEN	DRAGONS RUNNING CLUB (SALE)	00:58:53	00:58:40	25		10	1
85	222	EMMA MOONEY	F	FV45	MARPLE RUNNERS	00:58:58	00:58:42	26		3	1
86	242	CAITLIN SENIOR	F	FSEN		00:59:08	00:58:50	27		11	12
87	82	JULIE SMITH	F	FV55	MACCLESFIELD HARRIERS & AC	00:59:16	00:59:04	28		3	2
88	111	KIM EASTHAM	F	FV60	MACCLESFIELD HARRIERS & AC	00:59:20	00:59:08	29		3	3
89	169	RICHARD COPE	M	MV50		00:59:20	00:59:05		60	11	25
90	143	SARAH HARDY	F	FSEN	MARPLE RUNNERS	00:59:26	00:59:13	30		12	2
91	181	LIZ ANDERTON	F	FV45	FELL RUNNERS ASSOCIATION	00:59:43	00:59:24	31		4	1
92	80	SARAH BROOKE	F	FV55		01:00:19	01:00:13	32		4	13
93	158	JAMIE HEPTONSTALL	M	MV45		01:00:37	01:00:30		61	8	26
94	150	KYLE GOODWIN	M	MSEN		01:00:39	01:00:30		62	18	27
95	103	JOE GREEN	M	MSEN		01:00:40	01:00:20		63	19	28
96	145	ALYSON ADAMS	F	FV60	BRAMHALL RUNNERS	01:00:51	01:00:37	33		4	2
97	248	PATRICIA RYAN	F	FV55		01:01:13	01:00:52	34		5	14
98	119	ANDREA WILLIAMS	F	FV55	CHORLTON RUNNERS	01:01:25	01:01:09	35		6	1
99	185	CHARLOTTE OWEN	F	FSEN		01:01:30	01:01:20	36		13	15
100	178	ROSEMARIE MCARDLE	F	FV45	BRAMHALL RUNNERS	01:01:38	01:01:29	37		5	3
101	157	CHRIS FORD	M	MV40		01:01:42	01:01:24		64	6	29
102	99	KATE LOWE	F	FV40		01:01:43	01:01:25	38		7	16
103	142	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	01:01:46	01:01:39		65	7	4
104	262	KIRSTY LYONS WILKINSON	F	FSEN		01:02:14	01:02:01	39		14	17
105	263	MELISSA WESTWOOD	F	FV55	WILMSLOW STRIDERS	01:02:27	01:02:13	40		7	1
106	202	RACHEL SAVAGE	F	FV45		01:02:35	01:02:14	41		6	18
107	148	KATIE DRAPER	F	FV40	BRAMHALL RUNNERS	01:02:57	01:02:42	42		8	4
108	156	ANDREA WHITELEY	F	FV45	CONGLETON HARRIERS	01:03:11	01:02:51	43		7	1
109	113	KAREN OLDLAND	F	FV45	RUNNING BEAR RUNNING CLUB	01:03:12	01:02:50	44		8	1
110	249	IONNA CHARLESWORTH-SIMPSON	F	FV60	CONGLETON HARRIERS	01:03:12	01:02:52	45		5	2
111	221	KATY BENTLEY	F	FV40		01:03:13	01:03:12	46		9	19
112	84	ANNALISA PARKER	F	FV45		01:03:13	01:03:09	47		9	20
113	232	MARY ROBERTS	F	FV60		01:03:16	01:03:06	48		6	21

114	235	NICOLA HODGSON	F	FV40		01:03:40	01:03:24	49		10	22
115	146	JOANNE READY	F	FV55		01:03:44	01:03:35	50		8	23
116	112	LEANNE DULSON	F	FV45	WOBBLY BUMS	01:03:46	01:03:29	51		10	1
117	256	LISANNE WHALEN	F	FV45	MIDDLETON HARRIERS AC	01:04:04	01:03:49	52		11	1
118	118	CHRISTINE CLAPWORTHY	F	FV50		01:04:06	01:03:59	53		4	24
119	172	LOUISE GODDEN	F	FV60		01:04:11	01:03:57	54		7	25
120	152	PETER BYROM	M	MV45		01:04:18	01:03:55		66	9	30
121	109	GRAHAM KELLY	M	MV50	OLDHAM & ROYTON H & AC	01:04:18	01:03:55		67	12	1
122	211	KEITH CLARK	M	MV45	SIP RUNNING CLUB	01:04:19	01:03:55		68	10	1
123	154	ZOE GMEREK	F	FV50	TWISTED RUNNING	01:04:24	01:04:15	55		5	1
124	269	VICTORIA EARDLEY	F	FSEN		01:04:43	01:04:27	56		15	26
125	168	CLARE CARTLEDGE	F	FV50	DRAGONS RUNNING CLUB (SALE)	01:04:46	01:04:35	57		6	2
126	215	LISA JORDAN	F	FV45		01:04:53	01:04:38	58		12	27
127	163	ROWENA CURLEY	F	FV65	BRAMHALL RUNNERS	01:05:07	01:04:50	59		1	5
128	108	NIKKI BURGESS	F	FV55	MANCHESTER HARRIERS & AC	01:05:13	01:05:02	60		9	2
129	182	DANIEL PROCTER	M	MV50		01:05:18	01:04:58		69	13	31
130	81	ADRIAN HAM	M	MV55		01:05:31	01:05:13		70	8	32
131	117	JAMES BOSTOCK	M	MSEN		01:05:41	01:05:21		71	20	33
132	114	ANNA MADDOX	F	FV50		01:05:59	01:05:46	61		7	28
133	220	JOANNA THOMPSON	F	FV45	MACCLESFIELD HARRIERS & AC	01:05:59	01:05:45	62		13	4
134	130	JACKIE COLDWELL	F	FV45		01:06:42	01:06:24	63		14	29
135	240	ANNA DAGNALL	F	FV45	STOCKPORT TRI CLUB	01:06:43	01:06:25	64		15	3
136	132	ALISON BEMBENEK	F	FV40	RUNNING BEAR RUNNING CLUB	01:06:46	01:06:34	65		11	2
137	213	FRANK ROGERS	M	MV50	BELLE VUE RACERS	01:07:02	01:06:59		72	14	2
138	212	SARAH BULLOCK	F	FV45	SWINTON RUNNING CLUB	01:07:18	01:07:05	66		16	1
139	131	ALEX MCDONNELL	M	MV55		01:08:12	01:07:54		73	9	34
140	259	MARK GODDEN	M	MV65	MACCLESFIELD HARRIERS & AC	01:08:24	01:08:06		74	4	5
141	234	RACHAEL KEOGH	F	FV40	MILE SHY CLUB	01:08:55	01:08:38	67		12	1
142	104	ALISON STEPHENSON	F	FV55	RUNNING BEAR RUNNING CLUB	01:08:57	01:08:37	68		10	3
143	79	LAURA CARTER	F	FV55	STOCKPORT TRI CLUB	01:09:04	01:08:52	69		11	4
144	204	GILL JACKSON	F	FV50	STOCKPORT TRI CLUB	01:09:04	01:08:53	70		8	5
145	83	DEBORAH BERESFORD	F	FV60		01:09:36	01:09:24	71		8	30
146	128	LESLEY MILLICAN	F	FV50	STOCKPORT HARRIERS & AC	01:10:12	01:09:56	72		9	3
147	122	JANE DEAVILLE	F	FV50		01:10:12	01:09:57	73		10	31
148	102	ALEXIS DINSMOR	F	FV75	STOCKPORT HARRIERS & AC	01:10:13	01:09:58	74		1	4
149	268	SN SMITH	F	FV40	MILE SHY CLUB	01:10:21	01:10:02	75		13	2
150	86	JEAN PIERRE LAURENT	M	MV70		01:12:10	01:12:02		75	2	35
151	90	CAROLINE LACEY	F	FV60	MANCHESTER HARRIERS & AC	01:13:02	01:12:47	76		9	3

152	91	TRACY FARRELL	F	FV40	MANCHESTER HARRIERS & AC	01:13:03	01:12:49	77	14	4
153	87	JACKIE JAMES	F	FV65		01:13:11	01:13:02	78	2	32
154	251	JACQUELINE MOLLOY	F	FV65	MANCHESTER HARRIERS & AC	01:13:15	01:13:03	79	3	5
155	245	EMMA WARD	F	FV45		01:13:45	01:13:30	80	17	33
156	106	MORAG MORGAN	F	FV70	BRAMHALL RUNNERS	01:13:58	01:13:48	81	1	6
157	151	DIANE CHADWICK	F	FV55	BRAMHALL RUNNERS	01:14:58	01:14:44	82	12	7
158	250	EMMA ROBERTS	F	FV55	BRAMHALL RUNNERS	01:14:58	01:14:44	83	13	8
159	116	TESSA JACKSON	F	FV70		01:15:23	01:15:16	84	2	34
160	165	ALISON DEAN	F	FV50		01:16:08	01:15:55	85	11	35
161	216	MARIA ROYAL	F	FV65	MANCHESTER HARRIERS & AC	01:16:39	01:16:27	86	4	6
162	228	JANNEKE GLADWYN	F	FV40	NEWCASTLE STAFFS AC	01:16:46	01:16:32	87	15	1
163	258	JEN MALLINSON	F	FSEN		01:16:50	01:16:38	88	16	36
164	164	CAROLINE SKEELS	F	FV60	MILE SHY CLUB	01:18:11	01:17:50	89	10	3
165	230	JANETTE SMITH	F	FV60		01:19:13	01:19:00	90	11	37
166	174	CATHERINE PRINCE	F	FV45		01:19:51	01:19:31	91	18	38
167	167	CAROLINE SHEPHERD	F	FV45	HEATON RUNNERS	01:19:52	01:19:32	92	19	1
168	233	MEGAN WOODING	F	FV65		01:24:06	01:23:48	93	5	39
169	98	ELAINE DEVINE	F	FV70	STOCKPORT HARRIERS & AC	01:24:06	01:23:48	94	3	5
170	208	GEORGIE ALLAT	F	FSEN		01:25:42	01:25:26	95	17	40
171	205	DIANA POWELL	F	FV70	BRAMHALL RUNNERS	01:27:19	01:27:02	96	4	9
172	144	JOHN JESSOP	M	MSEN		01:30:41	01:30:21	76	21	36
173	127	CAITLIN MCDONNELL	F	FSEN		01:30:42	01:30:22	97	18	41
174	126	DEBBIE BOARDMAN	F	FV55	STOCKPORT HARRIERS & AC	01:38:42	01:38:25	98	14	6